

# Hcgdietinfo.com Forums

it really all comes down to doing some research and getting the best gear you can afford without breaking the bank, but that doesn't mean the most expensive gear

[hcgdietinfo.com/hcgdietforums/forum.php](http://hcgdietinfo.com/hcgdietforums/forum.php)

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the only issue with me quitting is, if it was regular console games that didn't involve much social interaction, i'd most likely be able to quit cold turkey just fine

[hcgdietinfo.com forums](http://hcgdietinfo.com/forums)

[\*\*hcgdietinfo.com/hcg-diet-protocol.htm\*\*](http://hcgdietinfo.com/hcg-diet-protocol.htm)